

# HSS SPARTAN SHIELD

DECEMBER 2020 | ISSUE 4 | VOL 1

## December at HSS was all about two things: Food and Fun!

### The FOOD!

- The First Nations Support workers and EAs fed attending students a pancake and bacon breakfast on Thursday Dec 10th (see photos)
- The HSS staff and sr. Foods class fed all attending students a full Christmas luncheon this year instead of our traditional Dinner and Dance
- The Lifeskills gang continued to feed us amazing goodies.
- The First Nations support room had cookie decorating party
- Many of us a cookie from the front office on National Cookie Day thanks to Helene Paranych
- Did you enter Ms. Charlebois' 12 days of Christmas trivia for a chance to win chocolate!

### THE FUN

The mental Health team and student leadership organized two to three weeks of activities to help make HSS a positive fun place to be:

#### Leadership:

##### Spirit Week 1:

Tuesday - PJ Day  
Wednesday - Twin Day  
Thursday - Jersey Day  
Friday - Lumberjack/Flannel Day

##### Spirit Week 2:

Monday - Hawaiian Day  
Tuesday - Spartan Day  
Wednesday - Crazy Hair/ Hat day  
Thursday - Throwback  
Friday - Inside Out

##### Week 3

Monday - Christmas colors  
Tuesday - Christmas sweaters (UGLY?)  
Wednesday - White out  
Thursday - Black out  
Friday - Fancy!

See page 10 for list of mental health fun!

For all the latest news and expansions on the newsletter announcements please go to the HSS website:

Go to <http://hazeltonec.cmsd.bc.ca/> for up to date info from HSS

Go to <http://http://cmsd.bc.ca/> for up to date info from Coast Mountains School District

newsletter submissions? Send to [jody.tetreau@cmsd.bc.ca](mailto:jody.tetreau@cmsd.bc.ca) or [Barbara.Janze@cmsd.bc.ca](mailto:Barbara.Janze@cmsd.bc.ca)

## HSS Bell Schedule 2020-2021

8:45 AM 9:02 AM - Homeroom  
9:07 AM -11:41 AM - 1st Block all morning  
11:41 AM - 12:36 PM - Lunch  
12:41 PM - 3:15 PM - 2nd Block all afternoon

## HSS Quarter Schedule 2020-2021

Quarter 1 - Sept 14th - Nov 13th  
Quarter 2 - Nov 16th - Jan 28th  
Quarter 3 - Feb 1st - Apr 20th  
Quarter 4 - Apr 21st - Jun 24th

FROM THE DESKS OF

### MR. BOISVERT - PRINCIPAL

Dear families of HSS

It can be said that 2020 was a trying year. We spent the past 365 days worrying about a pandemic that threatened the health of our families, ourselves and everyone we know. There have been new rules about how far away we need to stay from each other, we've been asked to cover our faces everywhere we go, we've been told not to spend time with the people we love, heck, we even shut down the entire school for 2 months.

But I do not see this as a time where everything went wrong. I'm not going to remember the self-isolation or the deafening silence of a high school hallway that is missing 1/3 of its students. What I'm going to remember is how people persevered and overcame in spite of all this: People got together via zoom (or teams) where they were able to create new, if not unique memories. People used masks as a new way of expressing themselves through the art they decorated. Our students were introduced to new ways of learning, some online, some through D.L. and through these new ways of learning, have really excelled. Even when the school was closed, staff, students and families all got together to organise a graduation ceremony that students could be proud of and look back with fond memories in the years to come.

2020 may have knocked a lot of people down, but for the staff, students and families of Hazelton Secondary School, we were finally given the opportunity to show people what we were made of. It was not perfect and rarely easy, but no one gave up, no one threw up their hands and said "I quit". It has been an honour to work with this staff at HSS, to come to school and work with these HSS students and to work together with the wonderful people, both in the homes and in the communities that support our students. If this is what we have been able to do in a year like 2020, I will lie restless with anticipation to see what we will all be able to accomplish in 2021.

From everyone at HSS, we wish you a happy and safe holiday and a very happy New Year. We look forward to seeing everyone again in January.

Paul Boisvert - Principal of Hazelton Secondary School

FROM THE DESKS OF

### MS. JANZE - VICE PRINCIPAL

As we come to the close of the challenging year of 2020, I can't help but feel gratitude. 2020 has been full of hardship, stress and loss. We have had to change the way we socialize, work, play, celebrate, mourn, and learn. It has not been easy. Yet through it all we have seen people be incredibly generous, thoughtful, and resilient. Staff, students, parents, and community have worked hard to create a sense of normalcy in these otherwise crazy times. Thank you to everyone who organized and participated in our covid friendly theme days, crafts, cookie decorating, pancake breakfast, Christmas assembly, and turkey lunch as we celebrate the holiday here at HSS.

Thank you to staff who continue to go above and beyond to provide work to students who are at home, to do extra to make sure students are safe, and to make personal sacrifices so that students can come to school to get an education and to get much needed social interaction. Thank you to students for being cooperative in these very restrictive circumstances and showing you have the maturity to think beyond yourself and to make sacrifices for the safety of others.

Thank you to the parents and guardians for trusting us to keep your children safe, for working with us to continue their education, and for doing your part in the community to make sure we all stay safe and healthy. Thank you to the community for providing the support and cooperation needed to provide a healthy, happy place to go to school. We have certainly learned a great deal this year.

I wish everyone a safe, healthy, and happy holiday break. Look after yourselves, and your loved ones. Feel loved and valued. We look forward to seeing you in 2021. We have some exciting things coming for 2021: Intro to Health Services Course, Basketball season, Professional Cook 1, and of course the vaccine.

Here is to the hope of a fantastic 2021

Barb Janze



### COLD WEATHER ALERT!

As the weather gets colder please know staff will still be taking students outside for instruction and breaks.

Please wear appropriate winter outdoor gear

- warm jacket
- good boots with grip
- gloves/mittens and hat

If you need assistance getting any of this gear please let us know, we can help. If you have gear to donate, we accept.



Luu amhl good'y (Lou umhl godee) - I am happy or my heart is happy

Luu amhl good'ywin gya'an (Lou umhl godee win gaen) - I am happy to see you

Hindhahl wila win? (hin dalth willa win) - How are you?

Am willa' winna? (umhl willa winna) - Are you doing fine?

Amhl willa wil'y (umhl willa will lee) - I am doing fine/great

Luugwilam (Lou quill am) very good

Luu amhl good'y (lou umhl godee) - I am happy



## Grade 12s - You want to go to College or University?

Some things to consider before you make any decisions?

- Do you know what you want to do when you "grow up"?
- What are you good at or what can you see yourself doing?
  - Do you know what community you want to live in?
- Do you know what college or university you want to attend?
  - How are you going to pay for it?
  - Do you have a social insurance number?

**Step 1:** research to answer the above questions  
- look at programs, cities, or colleges/universities  
or book an appointment with Ms. Tetreau ASAP  
to talk over all of your options. The best place to  
research these things is My Blueprint:

How do students create an account?

- Visit: [www.myBlueprint.ca/sd82](http://www.myBlueprint.ca/sd82) - Click Sign Up
- Select their School - Click Create Account
- Select Account Type: "Student" - Click Continue
- Fill out the sign up form - Click Create My Account **(Save password in your phone)**

**Step 2:** Make an account for Student Transcript Services. This is where you login and click all the schools you are applying to and send off your transcripts. **(Save password in your phone)**

<https://www2.gov.bc.ca/gov/content/education-training/k-12/support/transcripts-and-certificates>

**Step 3:** Set up an account with Education Planner BC. This is where you will do most of your applications when you are ready  
<https://www.educationplannerbc.ca/> **(save password in phone!)**

**Step 4:** Attend a virtual tour of the college or University you are interested in. See Ms. Tetreau or check the college/Uni website for possible dates and times. **HSS is hosting UNBC virtual tour on January 19th, 2021 - see Ms Tetreau to sign up and participate**

**Step 6:** Start collecting all that you need for your scholarship applications:

- At least one reference letter
- A personal essay expressing why you are awesome and deserving of money (May need to brush up on your writing skills)
- Some places require a resume - make sure you have a good one with cover letter

**Step 8:** To apply for financial aid  
- student loans go here  
<https://studentaidbc.ca/>

**Step 5:** be aware of deadlines and begin to make some decisions about plans.

- Large Money Scholarships are due between Sept and January
- Local Scholarship package is ready in March (prior to Spring break)
- Band Funding deadline is May 30
- Early Admissions deadlines are usually January
- Regular admissions deadlines vary but aim for April/May at very latest!

**Step 9:** Celebrate your acceptance into the program of your choice and all the money you won on scholarships

**Step 7:** Book another appointment with Ms. Tetreau to help you narrow your options, sift through your thinking, help you through your application process, or proofread your essay.

A few things to know:

- It is easier to do applications online but you will need a way to pay for the application fee (access to a Visa card?)
- Yes, there is an application fee for most colleges and universities





## FRIENDLY REMINDER



WASH YOUR HANDS FOR 20 SECONDS



USE HAND SANITIZER



KEEP 6 FEET DISTANCE

**COVID REMINDER - WEAR YOUR MASK AT ALL TIMES IN COMMON AREAS AND WHEN YOU ARE OUT OF YOUR COHORT**

**COVID REMINDER - MAKE SURE TO HAND SANITIZE OR WASH YOUR HANDS EVERY TIME YOU ENTER OR LEAVE THE BUILDING**

**COVID REMINDER - IF YOU ARE HEADING OUTSIDE OR LEAVING SCHOOL PROPERTY MAKE SURE TO WEAR YOUR MASK, PHYSICALLY DISTANCE, AND SANITIZE UPON RETURN**

**COVID REMINDER - PARENTS PLEASE SPEAK TO YOUR CHILD ABOUT RESPECTING ALL COVID RELATED SAFETY MEASURES AT AND OUTSIDE OF SCHOOL**

**COVID REMINDER - ALL HSS STUDENTS MUST WEAR MASKS ON THE BUSES AT ALL TIMES AND PHYSICALLY DISTANCE WHEN GETTING ON AND OFF**

**FOR MORE COVID SCHOOL INFO SEE THE HSS WEBSITE**



If you like and want to throw snowballs, there is one zone in the school that it is acceptable - on the back field.



## "White Elephant" Gift Giving

So, what is a white elephant gift, exactly? Legend has it that the origin of this popular game can be traced back to the kingdom of Siam (modern-day Thailand). The Siamese king would gift an actual albino elephant to anyone who displeased him. Now, that might not seem like such a bad thing, but these rare elephants were incredibly expensive to take care of—so whomever received one had to take on the financial burden of keeping a 6 to 12 ton mammal alive and happy. The white elephant was also a revered symbol in Thai and Buddhist cultures, so you couldn't get away with simply letting it go or regifting it. And, seeing as they were considered to be sacred animals, they weren't allowed to be put to work. So, as you see, it wasn't a gift at all, but an extravagant burden meant to ruin the recipient's finances.

The modern day HSS interpretation is that all staff gather their regiftable treasures and donate them to student leadership to wrap. During the assembly on the last Thursday before the holidays every student's name gets entered into a draw and people are drawn until all gifts are gone. This year we managed to amass gifts







## BILLBOARD year end TOP 5 the year our Grade 10s were born

2009

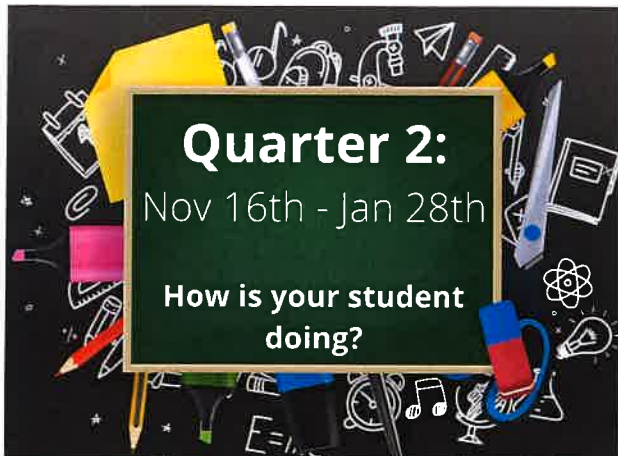
- 1 "Boom Boom Pow" - The Black Eyed Peas
- 2 "Poker Face" - Lady Gaga
- 3 "Just Dance" - Lady Gaga featuring Colby O'Donis
- 4 "I Gotta Feeling" - The Black Eyed Peas
- 5 "Love Story" - Taylor Swift



## Spartan Clubs to Join this year

### CLUBS

- Tuesday: Art Club Ms Morgan's Rm
- Tuesday: Storytime Ms Berry's Rm 124
- Wednesday: GSA Strange Things Ms. Morgan's Rm
- Leadership Mr Nelson's rm 107
- Thursday: Glow Girls Mrs. Murrell's rm 104
- Thursday: Manga Club Ms Polhuis Library
- Outdoor Ed Club: Mr. Rychlo Rm 102
- Yearbook: See Mrs. Murrell Rm 104
- Weight Room: Ms Stoney Lunch
- Boxing Club: Mon-Thurs 3:30 basement
- Homework Club: Mon-Thursday 3:30-5pm Cafeteria Ms Rubinato
- Basketball: postponed until January



Missing school due to Covid? Away due to illness? Please contact teachers to arrange for work -

Teacher Contact Page | Hazelton Secondary School  
(cmsd.bc.ca) [hazeltonsec.cmsd.bc.ca/teacher-contact-page/](https://cmsd.bc.ca/hazeltonsec.cmsd.bc.ca/teacher-contact-page/)

Teachers continue to put work in the filing cabinet in the office and on MSTeams.

## Gitxsan Culture Class - Tumpline Weaving



Mr. Pesik's class  
built a Marble Run  
in Science 10



## Pieces of MIND!

One of the many things we work on here at HSS are Executive Functioning Skills. So, what are they?

<b>Planning</b> 	<b>Organization</b> 	<b>Self-Control</b> 
<b>Task Initiation</b> 	<b>Executive Functioning Skills</b> <small>www.thepathway2success.com</small>	
<b>Time Management</b> 	<b>Metacognition</b> 	<b>Working Memory</b> 
<b>Attention</b> 	<b>Flexibility</b> 	<b>Perseverance</b> 

Have a look at some specific strategies designed to help students who struggle with TASK INITIATING.

## Interventions for Students who Struggle with Task Initiation

Copyright © Kate Redfield, Author of a Whimsy Clips  
www.thepathway2success.com  
Pathway 2 SUCCESS

 <b>Teach task initiation skills explicitly</b>	 <b>Use a countdown timer</b>	 <b>Incorporate areas of student interest</b>	 <b>Provide directions orally &amp; visually</b>
 <b>Practice the "rocket ship countdown"</b>	 <b>Reduce most challenging work</b>	 <b>Train peer mentors to provide support</b>	 <b>Use brain breaks between tasks</b>
 <b>Make it a race to get started on work</b>	 <b>Take turns writing to get started</b>	 <b>Develop a work contract with rewards</b>	 <b>Give more student choice</b>



## SPARTAN SPORTS EVENTS

### Gym Schedule

Basketball season starts on January 4th - season was pushed back by basketball BC.

No Spectators in gym - this includes other students not in the same cohort.

Ms. Stoney started a weight room club at lunch on November 16th for dedicated students - every lunch hour except Wednesday.

Here is the BC school sports rules we are following: We are in Phase Two.

<https://www.bcschoolsports.ca/sites/default/files/BCSS%20Return%20to%20School%20Sport%20v3.0%20-%20Oct%2023%2C%202020.pdf>



Strange Science? Lab experiments from the Science department

**ATTENTION ALL STUDENTS:** Hazelton Secondary School is still accepting applicants for the Professional Cook I at Coast Mountain College: Hazelton Campus. This is an incredible opportunity for students! Not only do students receive high school credit, they also complete first of three levels towards 'Professional Cook Red Seal' designation. Since this program will be offered off-site on a college campus for the entire day during 3rd and fourth quarter, students are able to see what going to college or university will feel like! Please see Mr. Bisson in the Career Education Office for more information.  
Runs Feb 1st - Aug 27

**FROM The OFFICE:**

At HSS, school starts at 8:45. We hope to see students are here by then. Be aware that all doors are locked for COVID safety purposes after the 8:45 bell.

When students are late for school, they **MUST** sign in at the office. Especially if a student has missed the morning class and is coming in for the second class.



It would be great if parents/guardians supplied their children with reusable water bottles to keep here at school as children cannot drink from the fountains due to COVID and we do not have cups at the office.



## Mental Health during the holidays

Hazelton Secondary School has recently created a website filled with Mental Health Tools for Teens. This website has information about coping during the COVID-19 pandemic, links to mental health apps and crisis lines, various resources regarding mental health, numerous coping skills, as well as info on anxiety. The link to the site is <https://hssteenmentalhealth.weebly.com>.



**If your teen is struggling, there are various crisis lines they can connect to:**

Native Youth Crisis Hotline 1-800-784-2433

Youth Support Line 1-866-564-8336

Youth Distress Line 1-866-661-3311

Child and Youth Mental Health (250)824 - 7624



Youth (ages 12 - 24) can also receive free virtual counselling during the pandemic from the **FOUNDRY** by contacting 1-833-308-6379. <https://foundrybc.ca>

**Want to be on the radio? Have a message to deliver to the world? Want your voice to be heard?**

Contact Ms. Tetreau to organize training on the Hazelton equipment and start recording. Depending on how much you volunteer you may be eligible for course credits.

### **GITSAN MOONS 2020-2021**

**December - Lasa 'Wiigwineckxw OR Lasa gunkw'ats (the severe snow storms and sharp cold moon)**

**A time of extreme cold. Winter has no compassion. Too cold to run all the way to the outhouse. (Source: Gitsanimx Teacher)**

**What are you busy doing during Lasa 'Wiigwineckxw? - Investing in indoor plumbing?**

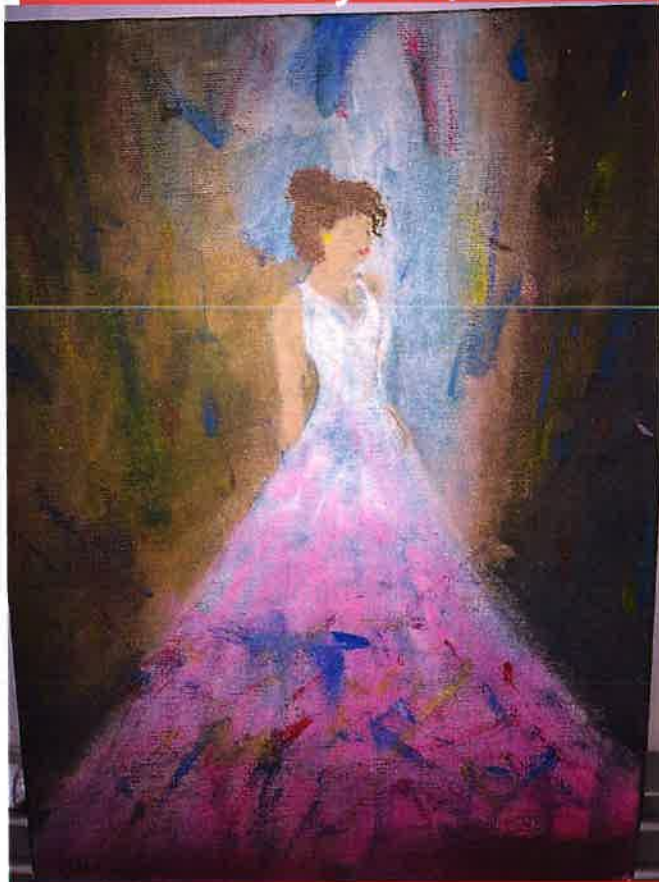


**Dual credit CMC course  
offered in Q3 PM – Intro  
to Health Services  
Program – interested?  
See Ms. Tetreau**

.....  
**January Provincial Assessment  
dates:**

All students in Mr. Rychlo's New  
Media/Composition 10 will write their  
assessment on January 25th and a  
make up day is provided on January  
26th

.....  
**Untitled painting; acrylic paint;  
Oceanna Hyzims, 2020**



**WANT TO TALK TO SOMEONE  
ABOUT YOUR CHILD BEING ON  
TRACK TO GRADUATE? CALL  
OR EMAIL JODY TETREAU:  
(250) 842-5214  
JODY.TETREAU@CMSD.BC.CA**

**Parents/  
Guardians:**

**We kindly ask all  
parents and  
guardians not to  
drive in or park in  
the bus loop first  
thing in the  
morning or right  
after school.**



The following PAC meetings  
will be:

Jan Thurs 21st 5pm  
Feb Thurs 18th 5pm  
April Thurs 15th 5pm  
May Thurs 20th 5pm

.....  
Lots of students have homework packages waiting for them at the front  
office. Please call to arrange a time to come pick up your students'  
package.

If you have concerns or questions about how your student is doing  
please go to the HSS website teacher contact page to be linked to their  
work email to reach them directly.

<http://hazeltosec.cmsd.bc.ca/teacher-contact-page/>



**Spartan Pizzeria @  
Hazelton Secondary**

**Gift Certificates  
Available**

**Open Wed. to Sat. until Dec. 19**

**Closed Dec. 23 to 26**

**Reserve Your New Years Eve Pizza  
'Open Dec.31'**

**Place your order by Phone until  
Dec. 19 or by Messaging @  
facebook/HSSPizza**



The Christmas Assembly this year was pre-  
recorded and shared within the cohorts on  
Dec. 17th, 2020 - A huge thanks to all the  
staff and students who helped to make this a  
great performance.







### News from your public library:

The Hazelton District Public Library is celebrating Christmas in Hazelton with a family Christmas card craft. Stop by the library during our open hours, 11 am to 4 pm, December 15 – 18, to pick up your free craft kit to take home. Choose from a light-up Christmas card, an origami star, or a pop-up Christmas card.

The library will offer a series of Writing Out Loud workshops for reluctant writers. Speak to Jody Tetreau for more information.

During these most recent COVID restrictions, the public library remains open 11 am - 4 pm, Tuesday, Wednesday, Thursday, Friday, and 1 pm – 4 pm Saturday, with strict safety protocols in place. Ring the doorbell to enter the library, wear a mask, and use hand sanitizer.

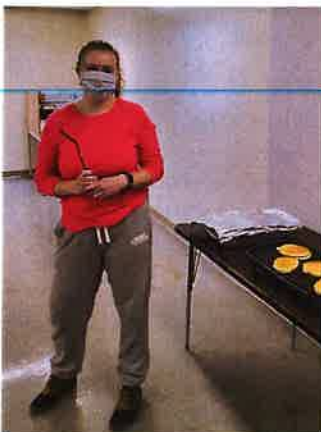
### Check out the new arrivals in the Teen section:

We now have the first five books in the award-winning series by Ransom Riggs: Miss Peregrine's Peculiar Children. Come to the library to check out Miss Peregrine's Home for Peculiar Children; Hollow City; Library of Souls; A Map of Days; Conference of the Birds.

These and many more titles are also available as e-books and audio books. Download the free Libby app for easy access. Ask Ms. Polhuis at the HSS Library if you want help downloading the app :)



Pancake Brunch for everyone!  
organized and served by cohort  
(following all COVID safety protocols)



**Huge thanks to all those  
who volunteered to help  
feed us**



Breakfast funded by the breakfast program. Helpers: Mr. Swift, Marina Rubinato-Denny, Meagan Marshall, Kaitlyn, Morrison, Jadlyn Weget, Jolyn Forsythe, Ms. Blake, Richan Greenlees. A huge thanks to Ms. Raea and her students Mariah and Zach who came and were amazing helpers.

Comment from Kylee -Anne McLean " Why are you feeding us?"



# HSS Christmas 2020...more FUN

This Christmas holiday the Mental Health Team offered a variety of amazing opportunities to celebrate and cope with the holidays this year. From December 7th to the 18th we provided:

Ms. Charlebois' famous Christmas Trivia  
a memory tree and opportunity to make a memory ornament  
calming zones - counselling area, Life skills room, Connections room, FNSW room  
Tea, snacks and crafts in Ms. Morgan's room  
school wide Christmas Luncheon  
access to mental health resources  
snowshoeing adventures with Jim and Nathan  
FNSW Baking  
Cedar Weaving

## One Special Christmas!

As we decorate the house to the sound of "Oh This is Christmas", we feel a deep sense of joy being a part of a happy family, coupled with a familiar sadness of not being able to share the season with family. Perhaps a time for us to reflect and cherish memories of Christmas's past. A time to look back at the long line of Christmas's that went before, the people that we celebrated with, the shared JOY and feelings of Peace, Love and Happiness. As I look back with nostalgia at Christmas's past, I recall one special Christmas:

I would have been 11 years old. My mom, dad, older brother and sister, 16 and 12 and myself and younger brother, 10, had recently relocated from Vancouver Island to the Yukon Territory as my dad was offered a job working on the Alyeska Pipeline. It was to be a wonderful adventure, driving the gravel roads of the Alaska Highway. I remember singing away as we encountered flat tires, dust and mosquitoes! And, after what seemed like days on the road with us children voicing, "I'm hungry, I have to go to the bathroom" and the continual question "are we there yet?" we finally arrived at our destination, Dezadeash Lodge, a few hours southwest of Whitehorse, Yukon. We got busy right away setting up tents and making ready our camp. This became our home, during that summer, while building our first cabin, a 10 X 12 dwelling with loft, to winter in followed by a bigger cabin 24 X 24 the following year.

That first winter was bitter cold (-55 below at its coldest) with no electricity, no running water, and no generator. My dad built our wood stove out of a 90-gallon drum to provide heat. White gas, coal oil and baggy mantel lamps were our source of light and dad built us an outhouse for our toilet. Our water source was from a lake nearby which due to the extreme cold winters, froze solid. My one recollection was of my dad going to fetch water saying to mom, "keep the children in the house" as he proceeded to set dynamite, that he procured in his travels, to open a waterhole in the lake. I can still see him lighting the fuse and legging it up to the house, where we were anxiously watching from the window. Now, picture an explosion of ice, water and fish flying everywhere. Looking back, I am sure we broke every Ministry arm of the government with that little endeavour but, we got water!

I remember our first Yukon Christmas as if it were yesterday. My parents, with a distressed look, sitting us down saying, "we are struggling to make ends meet so, there will be no Christmas this year." My siblings and I sat in silence, I am sure sharing the same thoughts, Christmas a purely joyful time of family, food, and the sharing of gifts, was not to be. Not without dismay, our thoughts were quickly interrupted with our mom continuing "however, if you were to get one present, I want you to write down what you would wish for". Without hesitation, I immediately envisioned a pair of chocolate striped bell bottom jeans that I had seen in Whitehorse at the Hougen's Department Store.

Time passed and I never thought about the jeans again as, my thoughts immediately shifted to how my brothers, sister and I could find a way to turn the grim reality of 'no Christmas' to A Christmas to Remember! The four of us quickly put our minds together with a plan to approach our good neighbour and owner of the Dezadeash Lodge, Katie Eckervogt, to inquire if there was any work that we could do around the lodge to make enough money to buy our mom and dad a Christmas present. We had already chosen the two gifts, a beautiful jade broche, for our mother (years later, I remember thinking how ghastly looking that broche was, but ohhh sooo beautiful at the time) and a silver flip-up lighter, with an engraved dog sled team on it, for dad. Mrs. Eckervogt came through for us and to this day I remain profoundly grateful!

Christmas morning, my brothers, sister and I awoke early and although resigned to the fact that mom and dad had called off Christmas, we could not be more excited to lift their spirits by presenting them with their gifts. Mom immediately started crying and our first reaction was, she does not like her gift. Then when our dad became teary-eyed, we also thought that he did not like his gift. Then before we knew it, we were all crying. Mom and dad then began laughing and crying. Somewhat confused, we soon realized that their tears were tears of joy. I can safely say, at that moment, my siblings and I could not have been happier. Christmas was saved! And...to our amazement and great surprise, mom and dad somehow were able to fulfil each of our wishes as well. I got the best present of all "the striped bell bottom jeans I had so admired in the Hougen's Department Store window".

When I reflect back on my childhood, I remember Christmas holidays as 'special' and some of my happiest and most comforting times. And although we never received a lot of presents, it was not about presents it was about spending time with mom and dad, time that they took away from their day for us!

Yes, there were times of strife, debt, bickering, rushing around and a disorganized mess however, our traditions had a very loose foundation of togetherness, love, acceptance, sharing, and laughter. Given this and all these years later, I find myself grateful for the gift of family, friendship, and fond memories of the holiday season. May the warm memories of the holidays be with you and yours and all the very best as we embark on a New and exciting

Year!

December 2020



# WALL AWESOME

Want to contribute to our Great Wall of Awesome – tailored after the “Book of Awesome” and many subsequent iterations - it’s a wall, filled with staff and students ideas of what is AWESOME.

Steps: Fill out a colored card with your idea of awesome and story about why its awesome, sign your name and come and staple it to our wall of Awesome!

You are welcome to contribute any positive awesome thing (please be school appropriate). Example – colorful displays in the counselling area are awesome!

I have colored cards or you can use colored paper. See me if you have questions or want cards.

In awesomeness!  
Ms. J Tetreau

## Twin Day



## Jersey Day





## Flannel/ Lumberjack Day



## Crazy Hair/ Hat Day

## Spartan Day



## Throwback day - check out the vintage jackets



From the Bulkley Browser - Free mental health support & counselling for individuals in the Upper Skeena Region who self-identify as needing this service during the COVID pandemic and who are not eligible for funding under existing services. Phone 778-202-1670 to arrange an appointment. This opportunity is made possible by the Government of Canada Emergency Community Support Fund, Community Foundations of Canada & the Wrinch Memorial Foundation in Hazelton.



## Christmas Crafting in the Lifeskills Room





# Closed for the holidays except for New Year's Eve

see Ad on page 8 for how to reserve your New's Year's Pizza

\*Open until Saturday Dec 19th

Starting in January - open Wednesdays  
through Friday 4 -8 pm for take out!

Payment options - cash, debit or credit card



## SPARTAN Bagels and Pizzeria 250-842-4151



### PIZZA:

**CHEESE - LARGE - 20.00 MEDIUM - 15.00 SMALL - 8.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE

**PEPERONI - LARGE - 22.00 MEDIUM - 17.00 SMALL - 10.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, PEPPERONI

**PEPPERONI AND MUSHROOM - LARGE - 23.00 MEDIUM - 19.00 SMALL - 11.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, PEPPERONI, MUSHROOMS

**HAM AND PINEAPPLE - LARGE - 23.00 MEDIUM - 19.00 SMALL - 11.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, HAM, PINEAPPLE

**SPICY HAWAIIAN - LARGE - 25.00 MEDIUM - 20.00 SMALL - 12.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, BACON, HAM, PINEAPPLE, BANANA PEPPERS, FETA

**MEAT LOVERS - LARGE - 26.00 MEDIUM - 21.00 SMALL - 12.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, PEPPERONI, HAM, BACON

**VEGETARIAN - LARGE - 26.00 MEDIUM - 22.00 SMALL - 12.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, COLOURED SWEET PEPPERS, ONIONS, MUSHROOMS, BLACK OLIVES, FETA, SPINACH

**LOADED - LARGE - 26.00 MEDIUM - 22.00 SMALL - 12.00**  
DOUGH, SPARTAN PIZZA SAUCE, MOZZARELLA CHEESE, HAM, BACON, PINEAPPLE, BLACK OLIVES, MUSHROOMS, ONIONS, COLOURED SWEET PEPPERS, FETA

### BUILD YOUR OWN

16" LARGE - CHEESE - 20.00 PLUS 2.50 PER TOPPING.  
14" PIZZA MEDIUM CHEESE - 15.00 PLUS 2.00 PER TOPPING.  
10" PIZZA INDIVIDUAL - 8.00 PLUS 1.50 PER TOPPING

### COVID PROTOCOLS FOR SPARTAN BAGEL AND PIZZERIA (PLEASE BE AWARE STRINGENT PROTOCOLS ARE IN PLACE WITH KITCHEN STAFF FOR CUSTOMER SAFETY)

WHEN CUSTOMERS ENTER THE HAZELTON SECONDARY SCHOOL BUILDING TO PICK UP THEIR ORDER THEY WILL NEED TO FOLLOW THE SCHOOLS COVID-19 SAFETY PROTOCOL.

A. WEAR A MASK WHEN ENTERING THE SCHOOL BUILDING.

B. USE HAND SANITIZER PROVIDED AT THE ENTRANCE.

C. FOLLOW 2 METER DISTANCING, SPACING IS MARKED ON THE FLOOR ENTRYWAY.

D. CUSTOMERS ARE NOT TO ACCESS ANY OTHER AREAS OF THE SCHOOL BUILDING OTHER THAN ENTRYWAY.

E. CUSTOMERS WILL RECEIVE THEIR ORDER AND PAY AT THE KITCHEN DOOR FACING THE ENTRYWAY.

2. CUSTOMERS MAY ALTERNATIVELY ASK FOR THEIR ORDER TO BE DELIVERED TO THEIR VEHICLE INSTEAD OF ENTERING THE SCHOOL BUILDING.



